





# -lealth Counselling:

# An Update

Date: 31 October 2004 (Sunday) Time: 2:30pm - 5:30pm

Venue: Island Learning Centre, The Open University of Hong Kong 4<sup>th</sup> Floor, Shun Tak Centre, 168 Connaught Road Central, Sheung Wan, Hong Kong

2:30-3:15pm The similarities and differences between counselling & psychotherapy

> Speaker: Dr Susan Griffiths, BEd, Master of Psychology (Counselling), PhD Senior Lecturer & Coordinator of Master of Health Counselling School of Psychology, Curtin University of Technology, Australia

3:30-4:15pm Grief & loss issues in children

> Speaker: Ms Josephine Hudson, BA (SocSc), Master of Health Counselling Lecturer & Placement Coordinator of Master of Health Counselling School of Psychology, Curtin University of Technology, Australia

4:30-5:15pm The impact of psychosocial work environment on health conditions of health and social care practitioners

Speaker: Dr Ben Chi-pun Liu, MA, PhD, RSW, AFHKPCA

Assistant Professor & Programme Director (Health Sciences) Li Ka Shing Institute of Professional and Continuing Education

The Open University of Hong Kong

5:15-5:30pm **Open Forum** 

Target: Open to all, especially those who have a desire to apply counselling to helping people with health problems Medium of instruction: English

Fee: Free of charge; First-come-first-served

registration: www.ouhk.edu.hk/lipace seminars

## Introduction of speakers

#### Dr Susan Griffiths

Dr Griffiths worked for a number of years as a School Psychologist helping people with intellectual and learning disabilities in Australia. Susan's PhD explored occupational stress in rural and remote psychological practitioners. She was co-developer of the Master of Health Counselling at Curtin, and is a core teaching staff and coordinator of the program. Her interests are in groupwork and in professional and training issues in counselling and psychotherapy.

# Ms Josephine Hudson

Ms Hudson's professional background is in nursing and counselling. Josephine has worked with people who are HIV positive or have AIDS and with their families. She recently worked in the Silver Chain Grief Counselling Service in Australia providing grief and bereavement counselling to families of, and individuals with life threatening and terminal illnesses. She is interested in professional and training issues in the area of children and bereavement.

### Dr Ben Chi-pun Liu

Dr Liu worked as a social worker counselling people with chronic physical and/or psychological diseases for a number of years. Ben completed his PhD in community medicine and behavioural sciences exploring the impact of care utilisation patterns on health of older adults. Ben is interested in professional and training issues in the area of health counselling, long-term care, occupational stress and burnout.

#### **Enquiries**

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