Keynote Speaker
Prof. Yang Chung-fang is the Professor and Chairperson of the Department of Psychology at Sun Yat Sen (Zhong Shan) University, China. She obtained her Ph.D. in Social Psychology from the University of Chicago. She had worked for Leo Burnett Advertising Co. in Chicago and taught in the Marketing Department of the University of Washington, the University of Southern California, and the Chinese University of Hong Kong before returning to the Psychology Department at the University of Hong Kong in 1984 to 2003. Since then, she has adopted the indigenous approach to the study of the psychology of the Chinese people. Her research interests are in the areas of the Chinese self and self-presentation, interpersonal relationships, and affection. She is well-known for her distinctive thinking style.

Programme Rundown

Thursday, July 8, 2004

09:00am – 09:15am Registration

09:15am – 10:15am Inaugural Ceremony of the United Centre of Emotional Health & Positive Living 聯合情緒健康教育中心 聯合典禮

Speech by Mr. Paul K. W. Tang, JP, Director of Social Welfare

Cross Road Between Chinese Culture and Western Counseling Models (Day One)

10:15am – 11:00am Keynote Speech – How Indigenous is really Indigenous? How Western is really Western? Prof. C.F. Yang

11:00am – 11:15am The Almost Unbearable Pains of Common Anxiety and Depressed Mood Experienced as Part of Everyday Living Prof. Peter W.H. Lee

12:15pm – 02:00pm Break

02:15pm – 03:15pm Mind Over Mood: The Application of Cognitive Therapy in Chinese Culture Dr. Anthony K.K. Tong

03:15pm – 04:30pm Thunder Returning to Earth: Working with Family in Conflict Mr. Peter K.H. Cheung

Friday, July 9, 2004

Cross Road Between Chinese Culture and Western Counseling Models (Day Two)

09:00am – 09:15am Registration Dr. W.M. Lee

09:15am – 10:15am Chinese Medicine and Indigenous Counseling Dr. W.M. Lee

10:15am – 10:30am Break Ven. Sik Hin Hung

10:30am – 11:30pm Dharma Therapy: A Therapeutic Intervention that Builds On the Universal Dharma with Mindfulness Practice as One of Its Key Components Prof. Cecilia L.W. Chan

11:30pm – 12:30pm Integration of Meaning Reconstruction in the Counseling Process with Chinese Users in End of Life Care: Experience from Hong Kong Ms. Amy Y.M. Chow

12:30pm – 02:00pm Lunch Break

United Centre of Emotional Health & Positive Living Inaugural Seminar: Building of a Flourishing Life

02:00pm – 03:00pm The Use of Humor for Life Enrichment Dr. W.M. Lee

03:00pm – 03:30pm Positive Psychology: the Road to a Flourishing Life Dr. Anthony K.K. Tong

03:30pm – 04:00pm Positive Parenting: Experience from a Home-school Support Program in Hong Kong Dr. Sandra K.M. Tsang

04:00pm – 04:30pm Happiness is a Matter of Choice Dr. Samuel M.Y. Ho

04:30pm – 05:00pm Open Forum Speakers in the afternoon

Speakers of the Conference
Professor Chan Lai-wan, Cecilia, is instrumental in the establishment of the Centre on Behavioral Health as well as the Centre of Suicide Research and Prevention of the University of Hong Kong and served as Director and Associate Director of the two centres respectively, also a Professor of the Department of Social Work and Social Administration. She has been a committee member for various health care societies and author of over a hundred contributions in health, practice research, empowerment, women, cancer, bereavement and palliative care. She used a strength-orientation approach in her work of empowerment of chronic patients, cancer patients, women of divorce, bereaved family members and traumatized individuals. Professor Chan contributed to the formation of the CRN, and her Eastern Mind-Mind-Spirit Approach has been widely adopted in the behavioral health field.

Dr. Cheung Pau Yi-kun, Grace, PhD., is a Registered Social Worker and an Honorary Assistant Professor, Department of Social Work and Social Administration, the University of Hong Kong. Professor of Member of Executive Committee, Centre on Behavioral Health, the University of Hong Kong.

Mr. Cheung Ka-Hing, Peter, PhD candidate of the University of Hong Kong. He was previously Editor-in-chief, Kung Kao Po; and Executive Director, Catholic Institute for Religion and Society. He also worked as teacher, marriage counselor, human rights organizer and researcher. His PhD research area is men's response in marital sex to wife's experience of having breast cancer.

Ms. Chow Yin-man, Amy is a Registered Social Worker with the specialization in bereavement counseling. After working as medical social worker, field work instructor and center-in-charge of the first community-based bereavement counseling center in Hong Kong, she is currently a Ph. D. candidate of the University of Hong Kong with the research interest in bereavement counseling and dying and bereavement. Since her expertise in bereavement counseling is quite unique in Asia, she has been invited by numerous local as well as overseas organizations in Malaysia, Singapore, Taiwan, China, Macau and Japan to offer training to health care professionals, counselors and social worker. Aside from research activities, Ms. Chow also participates in clinical work related to bereavement.

Dr. Ho Man-yin, Samuel is an Associate Professor of the Department of Psychology and an Honorary Associate Director of the Centre on Behavioral Health, the University of Hong Kong. His research interests include clinical health psychology and indigenous psychotherapy. Dr. Ho directs the Positive Psychology Laboratory of the Psychology Department and he is doing research on choice and happiness, subjective well-being and resilience after traumatic event. Dr. Ho has edited two books on indigenous approaches to psychotherapy and has been publishing widely in prominent health and clinical psychology journals like the Psycho-oncology and Journal of Consulting and Clinical Psychology.

Dr. Lee Wai-man, PhD., is an Assistant Professor in Chinese applied psychology, Department of Nursing and Health Sciences, the Hong Kong Polytechnic University. He obtained the Master of Arts in Education at the Chinese University of Hong Kong in 1989, and Doctor of Philosophy in Psychology at the University of Hong Kong in 1996. Dr. Lee has published over sixty articles in referred journals and book. His current research work is on Chinese clinical psychology. His interests include Chinese health psychology as well as death and dying.

Professor Lee Wing-ho, Peter is the Professor and Head of the Clinical Health Psychology Division, Department of Psychiatry at the University of Hong Kong. He is also Honorary Consultant Clinical Psychologist of the Hospital Authority - Hong Kong West Cluster Clinical Psychological Services.

Venerable Sik Hin Hung MA (London) is a Buddhist monk ordained under the Mahayana tradition. His main interest is in ‘repackaging’ the teaching of Buddhism so that it becomes ‘user friendly’ for people in today’s world. He is one of the Founding Fellows of the Centre of Buddhist Studies of the University of Hong Kong where he also teaches. Ven. Sik is also providing counseling and spiritual guide to the staff of the Hong Kong Hospital Authority and needy. He has published books and articles on Buddhism, psychotherapy and personal growth. The motto of the spiritual and growth center found by him is “Be mindful of your heart!”

Dr. Tong Kwok-kwun, Anthony, Ed.D., is a Clinical Psychologist of the Department of Psychiatry, United Christian Hospital. He is the Chairman of the United Centre of Emotional Health and Positive Living. He is also an Honorary Assistant Professor of the both Department of Psychology and Social Work and Social Administration, the University of Hong Kong. He was trained at the Beck Institute for Cognitive Therapy and Research and specializes in cognitive-behavioral therapy. He also actively promotes psychoeducation for the general public.

Dr. Sandra Tsang Kit-man is a Registered Clinical Psychologist, Registered Social Worker, an Accredited Family Mediator and an active parent educator. She is an Associate Professor of the Department of Social Work and Social Administration, Director of the Master of Social Work Program, and an Associate Dean of the Faculty of Social Sciences of the University of Hong Kong. Her recent research includes home-school support for students with dyslexia, and evaluation on the pilot implementation of Integrated Family Service Centers in Hong Kong. She is a member of the Youth Commission and Vice-Chairperson of the Education and Manpower Bureau Committee on Home-school Cooperation.
Official Language:
Except the keynote speech in Mandarin, the official language of the conference is Cantonese. No simultaneous translation services will be provided during the Congress.

Venue:
All sessions will be held at United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon.

Registration Fee:
It includes attendance at all sessions, refreshment during the morning and afternoon breaks, and receiving a set of official publications.

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<th>REGISTRATION FEES</th>
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<td>Participant</td>
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Payment

- All applications would be served on first-come-first-served basis.
- Registration would proceed only upon receipt of full payment and completed registration form.
- An official receipt will be issued upon payment of the registration fee. Please present the official receipt at the Registration Desk to obtain your registration package.
- Registration is not refundable only if the rescheduling or cancellation of the programme.
- Completed registration form must be accompanied with a crossed cheque made payable to “United Christian Medical Service” or “基督教聯合醫務協會” and mailed to:
  United Centre of Emotional Health and Positive Living, Rm 1B, Block G, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon

Deadline of Registration
28 June, 2004 (Monday)

Registration Form
It can be downloaded from www.ucep.org.hk

Enquiry
The University of Hong Kong
Centre on Behavioral Health
Tel: 2589 0525 Fax: 2816 6710
Email: hkuujc@hku.hk

United Christian Medical Service
The University of Hong Kong
Centre on Emotional Health and Positive Living
Tel: 2349 3212 Fax: 2349 4454
Email: info@ucep.org.hk

Conference on “Cross Road Between Chinese Culture and Western Counseling Models” cum Inaugural Seminar of the United Centre of Emotional Health & Positive Living

中國文化 與 西方輔導模式的交匯：探索與實踐 暨 聯合情緒健康教育中心 開幕研討會

8-9 July 2004 (Thursday and Friday)
Lecture Theatre, Block P, United Christian Hospital, Kwun Tong, Kowloon

Organizers

香港大學行為健康教研中心
Centre on Behavioral Health
The University of Hong Kong

聯合情緒健康教育中心
United Centre of Emotional Health & Positive Living

香港大學心理學系
Department of Psychology
The University of Hong Kong

香港大學-清華大學 心理輔導研究中心
The University of Hong Kong – Tsinghua University Joint Research Center for Psychological Counseling